

Junction City Wellness Program Mission Statement:

To encourage and promote a culture of overall health and wellness through participation in diverse educational opportunities and physical challenges to improve health and decrease healthcare costs for employees and their families

Junction City Wellness Program Vision Statement:

To become a resource for the City of Junction City Employees and their families to promote a healthier lifestyle

Goals:

1. Create a functioning website for employees and their families
 - a. Create by April 1st
2. Host at least 2 educational opportunities and 1 physical challenge per quarter
 - a. Quarters for 2012 are: April - June/ July - September/ October - December
3. 100% Employee Participation in at least 1 wellness Event hosted by the committee and “on your own actives to track participation”
 - a. Assign point value for each wellness event hosted by committee and the “on your own activities” to track participation
4. Organize an employee wellness fair for all employees and their families
 - a. Fair is April 5th 2012